

Saupin's School, Panchkula

Class 7 Syllabus (2016 – 17)

Literature in English

Text Book : New Active Teach New Images - 7

Quick revision of previous relevant syllabus to be done.

Unit

- Chapter – 1 Doctor Do Little Learns Animal Language
- Chapter – 2 The Brook (Poem)
- Chapter – 3 The Boy With A Catapult
- Chapter – 4 On The Grasshopper And Cricket (Poem)

First Term

- Chapter – 6 Somebody's Mother (Poem)
- Chapter – 7 The Ingenious Scientist
- Chapter – 8 Just Me (Poem)
- Chapter – 9 A Helping Hand
- Chapter – 10 Mystical Japan
- Chapter – 11 The Miller Of The Dee (Poem)

First Term Exam – First Term Syllabus only

Final Term

- Chapter – 12 The Face On The Wall
- Chapter – 13 Macavity, The Mystery Cat (Poem)
- Chapter – 14 Music And Immortality
- Chapter – 15 The Most Important Day
- Chapter – 16 Wandering Singers (Poem)
- Chapter – 17 Tom Sawyer

Final Term Exam – Final Term Syllabus only

English Language

Text Book : New Grammar Plus 7

Work Book: New Active Teach Images Workbook 7

Word limit for essay, story & picture composition is 250 to 300 words & letter is 100 to 150 words.

Quick revision of previous relevant syllabus to be done.

Unit

New Grammar Plus 7

Sentences & Phrases

Nouns

Prepositions

Images Workbook

Chapters 1 to 4 – Comprehension + 1 Picture Composition

Composition – 'A journey by train'

Story – 'I jumped into the cold water.....'

Format of formal and informal letter

Informal Letter – Write a letter to you friend expressing your inability to attend his wedding.

First Term

New Grammar Plus 7

Articles
Pronouns
Adjectives
Verbs

Images Workbook

Chapters – 6 to 11, Comprehension + 2 Picture Compositions

Compositions:

1. 'Freedom is our birth right'
2. 'Advertising – An important aspect of publicity'
3. 'The Taj Mahal'

Story – 'It was a great thrill and adventure when

Letter writing

1. Write a letter to your friend, informing her that you have sent her a parcel of clothes for the Old Age Home that is situated near her locality. (Informal)
2. Letter to Municipal Corporation (Commissioner) requesting to get the garbage removed immediately. (Formal)

First Term Exam – First Term Syllabus

Final Term

New Grammar Plus 7

Adverbs
Tenses
Voice
Speech
Conjunctions

Images Workbook

Chapters – 12 to 17, Comprehension & 2 Picture Compositions

Compositions:

1. 'Should mobile phones be necessary for students?'
2. 'Mother Teresa – Lady with a golden heart'
3. 'If I were the Prime Minister'

Story – 'I entered the house and saw everything scattered.....

Informal & Formal Letter Writing

1. Write a letter to your father asking for permission to buy a bicycle. (Informal)
2. Write a letter to Principal complaining against less number of desks in the class. (Formal)
3. Write a letter to the Manager of Electricity Department informing him that no action has been taken on any of your earlier complaints. (Formal)

Final Term Exam – Final Term Syllabus

Same sentences will not be repeated in exams.

कक्षा - 7
साहित्य - मेधा
व्याकरण - वीवा हिन्दी व्याकरण 7

Quick revision of previous relevant syllabus to be done.

प्रथम मासिक परीक्षा

साहित्य

- पाठ 1. जय भारती (कविता)
- पाठ 2. पुरस्कार
- पाठ 3. कदंब का पेड़ (कविता)

व्याकरण

- पाठ 1. भाषा
- पाठ 2. वर्ण
- पाठ 3. लिंग बदलो
- अपठित गद्यांश (एक)
- चित्र पठन (एक) (250 शब्द)
- निबंध:- मेरा मनपसंद खिलाड़ी
- पत्र:- वाद-विवाद प्रतियोगिता में प्रथम आने पर मित्र को बधाई पत्र लिखिए।

अर्धवार्षिक परीक्षा

साहित्य

- पाठ 4. मजदूरी और प्रेम
- पाठ 5. तीर्थयात्रा
- पाठ 6. साहसी पुत्र
- पाठ 8. राखी की लाज
- पाठ 9. रोमांचकारी कुश्ती
- पाठ 10. अन्याय के विरोध में
- पाठ 11. कर्ण का मित्र प्रेम (कविता)

व्याकरण

- पाठ 8. वचन बदलो
- पाठ 9. विशेषण
- पाठ 16. विराम चिह्न
- पाठ 17. विलोम शब्द (पृष्ठ 109, 110)
- पाठ 17. अनेक शब्दों के लिए एक शब्द (1 से 35 तक)
- पाठ 19. मुहावरे (1 से 30 तक)
- पाठ 24. अपठित गद्यांश (दो)

चित्र पठन (एक) (250 शब्द)

निबंध:- 1. समय का सदुपयोग

2. आदर्श अध्यापक

3. डॉ. ए. पी. जे. अब्दुल कलाम

पत्र:- 1. अपने विद्यालय की प्रधानाचार्या को विषय बदलने के लिए पत्र लिखिए।

2. बढ़ते हुए प्रदूषण पर अपने विचार व्यक्त करते हुए किसी समाचार पत्र के संपादक को पत्र लिखिए।

3. अपने जन्मदिन पर अपने मित्र द्वारा भेजे गए उपहार के लिए धन्यवाद पत्र लिखिए।

वार्षिक परीक्षा

साहित्य

पाठ 13. काबुलीवाला

पाठ 14. नीति-वचन (तुलसीदास के दोहे)

पाठ 16. प्यार की नींव

पाठ 17. हिम्मत और ज़िंदगी

पाठ 18. काशीराज का न्याय

पाठ 20. पिता का पत्र

पाठ 21. सुनेली का कुआँ

पाठ 22. कोशिश करने वालों की (कविता)

व्याकरण

पाठ 3. तत्सम, तदभव (पृष्ठ 17, 18)

पाठ 4. उपसर्ग, प्रत्यय

पाठ 6. संज्ञा

पाठ 17. अनेक शब्दों के लिए एक शब्द (36 से 70 तक)

पाठ 17. पर्यायवाची (पृष्ठ 108, 109)

पाठ 19. मुहावरे (31 से 60 तक)

पाठ 24. अपठित गद्यांश (दो)

निबंध:- 1. सच्चा मित्र

2. ऋतुओं की रानी: वर्षा

3. प्रातःकालीन सैर

पत्र:- 1. परीक्षा में प्रथम आने पर छोटे भाई को शुभकामना देते हुए पत्र लिखिए।

2. स्वच्छता अभियान में अपनी भागीदारी के बारे में बताते हुए अपने दादा जी को पत्र लिखिए।

3. अपने रिहायशी क्षेत्र में फैली गंदगी की समस्या का वर्णन करते हुए नगर-निगम के स्वास्थ्य अधिकारी को पत्र लिखिए।

ਪੰਜਾਬੀ

ਪੁਸਤਕ - ਨਵੀਂ ਉਡਾਣ (2) (ਪਰਮਵੀਰ)

ਵਿਆਕਰਨ - ਸੁੰਦਰ ਪੰਜਾਬੀ ਵਿਆਕਰਨ (2) (ਵੇਦ ਪ੍ਰਕਾਸ਼ ਐਂਡ ਸੰਨਜ਼)

Quick revision of previous relevant syllabus to be done.

ਪਹਿਲਾ ਯੁਨਿਟ

ਪਾਠ 1 - ਮੇਰਾ ਭਾਰਤ ਦੇਸ਼ (ਕਵਿਤਾ) ਅਭਿਆਸ ਸਹਿਤ

ਪਾਠ 2 - ਫੈਲੇ ਵਿੱਦਿਆ ਚਾਨਣ ਹੋਏ

ਵਿਆਕਰਨ - ਲਿੰਗ ਪੰਨਾ 22 ਭਾਗ ਗ, ਘ, ਙ, ਵਚਨ ਪੰਨਾ 26, ਕਿਰਿਆ ਪਰਿਭਾਸ਼ਾ/ਭੇਦ ਪੰਨਾ 31-32, ਅਸ਼ੁੱਧ-ਸ਼ੁੱਧ ਪੰਨਾ (ਪਹਿਲੀ ਲਾਈਨ) ਪੰਨਾ 42 ।

ਛਿਮਾਰੀ ਪ੍ਰੀਖਿਆ

ਪਾਠ 3 - ਵਿਚਾਰਾ ਮੇਮਣਾ

ਪਾਠ 4 - ਸਿੱਠਾ ਜ਼ਹਿਰ (ਕਵਿਤਾ) (ਮੋਖਕ)

ਪਾਠ 6 - ਸ੍ਰੀ ਹਰਿਮੰਦਰ ਸਾਹਿਬ

ਪਾਠ 7 - ਪਿੰਜਰੇ ਦਾ ਤੋਤਾ

ਪਾਠ 8 - ਬੱਬੂ ਦਾ ਜਨਮਦਿਨ (ਕਵਿਤਾ)

ਪਾਠ 9 - ਗਧੇ ਦੀ ਸ਼ਰਾਰਤ

ਪਾਠ 10 - ਰੇਲਵੇ ਸਟੇਸ਼ਨ

ਵਿਆਕਰਨ - ਲਗਾਯੁਕਤ ਪੰਨਾ 11-12, ਵਿਰੋਧੀ ਸ਼ਬਦ ਪੰਨਾ 40 (1-16) ਪਹਿਲੀ ਲਾਈਨ, ਅਸ਼ੁੱਧ-ਸ਼ੁੱਧ ਸ਼ਬਦ ਪੰਨਾ 43 (ਪਹਿਲੀ ਲਾਈਨ), ਮੁਹਾਵਰੇ ਪੰਨਾ 45 (13 ਤੋਂ 20), ਅਣਡਿੱਠਾ ਪੈਰਾ ।

ਲੇਖ - 1. ਦੀਵਾਲੀ (ਪੰਨਾ 53-54)

2. ਖੇਡਾਂ ਦੇ ਲਾਭ (ਪੰਨਾ 64)

ਪੱਤਰ - 1. ਫੀਸ ਮੁਆਫੀ ਲਈ ਪ੍ਰਾਰਥਨਾ-ਪੱਤਰ (ਪੰਨਾ 66-67)

2. ਮਿੱਤਰ ਨੂੰ ਭਰਾ ਦੇ ਵਿਆਹ ਤੇ ਆਉਣ ਲਈ ਸੱਦਾ-ਪੱਤਰ (ਪੰਨਾ 69-70)

ਸਲਾਨਾ ਪ੍ਰੀਖਿਆ

ਪਾਠ 11 - ਸਬਜ਼ੀ ਵਾਲਾ ਭਾਈ (ਕਵਿਤਾ) ਅਭਿਆਸ ਸਹਿਤ

ਪਾਠ 12 - ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ

ਪਾਠ 14 - ਮੇਰੀ ਮੰਮੀ

ਪਾਠ 16 - ਫੁੱਲ ਨਾ ਤੋੜੋ (ਕਵਿਤਾ) ਅਭਿਆਸ ਸਹਿਤ

ਪਾਠ 17 - ਵਫ਼ਾਦਾਰ ਸਿਪਾਹੀ

ਪਾਠ 18 - ਸਭ ਤੋਂ ਵਡਾ ਝੂਠ

ਵਿਆਕਰਨ - ਵਿਰੋਧੀ ਸ਼ਬਦ ਪੰਨਾ 40 (1-16) (ਦੂਜੀ ਲਾਈਨ), ਮੁਹਾਵਰੇ ਪੰਨਾ 47 (43-51), ਅਸ਼ੁੱਧ-ਸ਼ੁੱਧ ਸ਼ਬਦ ਪੰਨਾ 43 (ਦੂਜੀ ਲਾਈਨ), ਸ਼ਬਦ ਬੋਧ (ਪੰਨਾ 14-15), ਅਣਡਿੱਠਾ ਪੈਰਾ ।

ਲੇਖ - 1. ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ (ਪੰਨਾ 50)

2. ਮੇਰੀ ਅਧਿਆਪਕਾ (ਪੰਨਾ 56)

ਪੱਤਰ - 1. ਮਿੱਤਰ/ਸਹੇਲੀ ਨੂੰ ਉਸ ਦੇ ਪਾਸ ਹੋਣ ਤੇ ਵਧਾਈ-ਪੱਤਰ (ਪੰਨਾ 68)

2. ਜੁਰਮਾਨਾ ਮੁਆਫੀ ਲਈ ਪ੍ਰਾਰਥਨਾ-ਪੱਤਰ (ਪੰਨਾ 68)

संस्कृत
पुस्तक : संस्कृत ज्योत्सना (2)

Quick revision of previous relevant syllabus to be done.

प्रथम मासिक परीक्षा

मंगलाचारणम्

प्रथमः पाठः - सः कः अस्ति

द्वितीयः पाठः - मधुर शीतलं जलम्

तृतीयः पाठः - एषा पाठशाला

चतुर्थः पाठः (क) - त्वम् अहम् च

व्याकरण - मुनि की विभक्ति, चल धातु की लट् लकार

अर्धवार्षिक परीक्षा

चतुर्थः पाठः (ख) - आचारामि शुभम सदा

पञ्चमः पाठः - रामलीला भविष्यति

षष्ठः पाठः - ह्यः धावन् प्रतियोगिता अभवत्

सप्तमः पाठः - सूर्यः प्रकाशाय भवतु

अष्टमः पाठः - शैक्षिक भ्रमणयात्रा

व्याकरण - साधु, तद्/तत् (वह) सर्वनाम पुल्लिङ्ग व स्त्रीलिङ्ग (विभक्ति) चल धातु की लङ् लकार, लट् लकार

वार्षिक परीक्षा

नवमः पाठः - राकेशस्य गृहम्

दशमः पाठः - के कुत्र तिष्ठन्ति भवन्ति

एकादशः पाठः - बुद्धिर्यस्य बलम् तस्य

द्वादशः पाठः - सुभाषितानि

त्रयोदशः पाठः - एकस्मिन् वर्षे

चतुर्दशः पाठः - प्रहेलिकाः (श्लोकाः)

व्याकरण - लता, तद्/तत् - वह (नंपुसकलिङ्ग), अस्मद्/अस्मत्-मैं की विभक्ति, चल धातु की लोट लकार

French

Text Book : Apprenons Le Français Book – 2

Text Book : Apprenons Le Français Book – 3

Quick revision of previous relevant syllabus to be done.

Unit

Chapter – 0 La France qu'est – ce que c'est? (Book – ALF 3)

Chapter – 1 La rentrée (Book – ALF 3)

First Term

Chapter – 2 Il est français? (Book – ALF 3)

Chapter – 3 La journée de mme lavigne (Book – ALF 3)

Chapter – 4 Kalu est Malade (Book – ALF 3)

Chapter – 5 Faire les courses (Book – ALF 3)

Chapter – 6 M Lavigne cherche un manteau (Book – ALF 3)

First Term Exam – First Term Syllabus Only

Final Term

Chapter – 7 Allons à paris (Book – ALF 3)

Chapter – 8 Les photos de manuel (Book – ALF 3)

Chapter – 9 Au cofé des Laurent (Book – ALF 3)

Chapter – 10 Encore un lettre de Rouen (Book – ALF 3)

Final Term Exam – Final Term Syllabus

Mathematics

Text Book :Mastering Mathematics by M. L. Aggarwal

Quick revision of previous relevant syllabus to be done.

Unit

Tables 2 to 20

Chapter – 4 Integers

Chapter – 7 Decimal Number (Exercises 7.2 & 7.3)

Chapter – 8 Power & Roots

First Term

Revision Tables 2 to 20

Chapter – 9 Ratio and Proportion

Chapter – 10 Unitary Method and its Application

Chapter – 11 Averages

Chapter – 12 Percentages

Chapter – 13 Profit, Loss and Discount

Chapter – 14 Simple Interest

Chapter – 24 Fundamental Geometrical Concepts

Chapter – 25 Angles, Parallel Lines

Chapter – 30 Circle

First Term Exam –First Term Syllabus

Final Term

Revision Tables 2 to 20

Chapter – 15 Fundamental Concepts and Operations on Algebraic

Expression

Chapter – 17 Exponents

Chapter – 18 Special Products

Chapter – 19 Factors

Chapter – 20 Simplification of Algebraic Fractions

Chapter – 21 Linear Equations (Ex- 21.1, 21.2)

Chapter – 22 Co-ordinate system and Graphs

Chapter – 27 Triangles

Chapter – 29 Polygons (ex.29.1, 29.3 & 29.4)

Chapter – 32 Mensuration

Chapter – 33 Statistics

Final Term Exam – Final Term Syllabus Only

Digits will be changed in exams

History & Civics
Text Book : Candid ICSE History & Civics

Quick revision of previous relevant syllabus to be done.

Unit

- Chapter – 1 The Advent Of Christianity (History)
- Chapter – 2 Islam And Its Impact On The Middle East (History)
- Chapter – 1 The Constitution And Its Basic Ideas (Civics)
- Chapter – 2 The Legislature (Civics)

First Term

- Chapter – 3 The Turkish Invasions (History)
- Chapter – 4 The Delhi Sultanate – I (History)
- Chapter – 6 The Vijay Nagar And Bahmani Kingdoms (History)
- Chapter – 3 The Union Executive (Civics)
- Chapter – 7 Our Citizenship (Civics)

First Term Exam – First Term Syllabus

Final Term

- Chapter – 5 The Delhi Sultanate – II(History)
- Chapter – 7 The Mughal Empire (History)
- Chapter – 8 The Beginning Of The Modern World (History)
- Chapter – 4 The Judiciary (Civics)
- Chapter – 5 State Government (Civics)
- Chapter – 6 Our Fundamental Rights, Duties And Directive Principles Of State Policy (Civics)

Final Term Exam – Final Term Syllabus

Geography
Text Book : Discovering the World

Quick revision of previous relevant syllabus to be done.

Unit

- Chapter – 1 Practical Work
- Chapter – 2 Latitudes and Longitudes

First Term

- Chapter – 3 Motion Of Earth
- Chapter – 4 Lithosphere
- Chapter – 5 Hydrosphere
- Chapter – 6 The Atmosphere And Biosphere
- Chapter – 7 Weathering
- Chapter – 10 Case Study –
 - i) Silicon Valley – Software Mecca
 - ii) The Automobile Industry – Detroit
 - iii) Lumberjacks Of Canada

First Term Exam – First Term Syllabus

Final Term

- Chapter – 8 North America
- Chapter – 9 North America – Natural Resources

- Chapter – 11 South America – Land And Climate
Chapter – 12 Case Studies – Resources & Their Utilization
Chapter – 13 Case Study
i) Pastoral Industry In Argentina
ii) Coffee Fazenda In Brazil
iii) Guano Islands
Chapter – 14 Antarctica – The White Continent
Final Term Exam – Final Term Syllabus

Physics

Text Book : Concise Physics for Middle Class (Class VII)

Quick revision of previous relevant syllabus to be done.

Unit

Chapter – 2 Motion

Practical

1. To find the time period of a simple pendulum

First Term

Chapter – 1 Measurements

Chapter – 3 Sound

Chapter – 4 Heat

Practical

2. To determine density of a solid heavier than water.
3. To show sound is produced due to vibrations with the help of a tuning fork
4. To study conduction with the help of a metal rod and wax.

First Term Exam – First Term Syllabus

Final Term

Chapter – 5 Light – The Basic Idea of Shadow

Chapter – 6 Reflection of Light – Plane Mirrors

Chapter – 7 Reflection of Light – Spherical Mirror

Chapter – 8 Electricity

Practical

5. To show light travels in a straight line path.
6. To study laws of reflection
7. To study the difference between concave and convex mirror using the mirrors

Final Term Exam – Final Term Syllabus + Chapter 5

Chemistry

Text Book : Concise Chemistry for middle school (Class 7)

Quick revision of previous relevant syllabus to be done.

Unit

Chapter – 1 Elements & Compounds : Atoms and Molecules

Chapter – 2 The Structure of Atom

Practical

1. Formation of mixture & compound by using iron powder & sulphur powder
2. To study physical & chemical change: Heating of sugar / melting of wax.

First Term

Chapter – 3 Physical & Chemical Changes : Chemical Equation

Chapter – 4 Air & its Constituents

Practical

3. To study chemical reaction.
4. To study displacement & decomposition reaction.
5. To study increase in temperature, increases the dissolving capacity of water.
6. To study the hardness of water.

First Term Exam – First Term Syllabus + Lesson 2

Final Term

Chapter – 5 Water

Chapter – 6 Acid, Bases & salts

Chapter – 7 Chemistry in Our Life

Chapter – 8 Waste

Practical

7. Test of water, orange juice, lemon juice, salt solution, toothpaste, antacid tablets, vinegar, honey & soap solution with indicators.
8. To study physical properties of metal.
9. To study pH of different substances.

Final Term Exam – Final Term Syllabus

Biology

Text Book : New Oxford Modern Science (Class 7)

Quick revision of previous relevant syllabus to be done.

Unit

Chapter – 1 Basic Biology

Chapter – 2 Organization in Living Things (from pages 18 to 22)

Practical

1. To study the structure of plant and animal cell through charts and models.
2. To show different types of cell using permanent slide.

First Term

Chapter – 2 Organization in Living Things (from pages 23 to complete chapter)

Chapter – 3 Life under a Microscope

Chapter – 4 Life Processes : Movement in Animals and Plants

Practical

3. To show permanent slide of structure of stem & root.
4. To observe various micro-organisms under microscope collected from pond water.
5. To show movement in plants like Mimosa Pudica.

First Term Exam – First Term Syllabus + Chapter – 2

Final Term

Chapter – 5 Life Processes : Nutrition in Animals and Plants

Chapter – 6 Life Processes : Ingestion, Digestion, Absorption and Assimilation

Chapter – 7 Life Processes : Respiration and Excretion

Practical

6. To study structure of stomata.
7. To study the digestive system of human through model.
8. To study the excretory system of human through chart and model.

9. To study respiratory system of human through model.

Final Term Exam – Final Term Syllabus

Computer

Text Book : SYNTAX 7

Publisher : KIPS

Quick revision of previous relevant syllabus to be done.

Unit

Chapter – 1 Number System

Chapter – 2 Windows 7

Chapter – 13 The Virus

First Term

Chapter – 3 Formulas and Functions

Chapter – 4 Using Excel as Database

Chapter – 5 Advance features of Excel

Chapter – 6 Working with Flash CS3

Chapter – 7 Working with Layers

First Term Exam – First Term Syllabus Only

Final Term

Chapter – 8 Conditional Control Statements

Chapter – 9 Looping Statements

Chapter – 10 Functions in QB64

Chapter – 12 Internet Services

Final Term Exam – Final Term Syllabus

General Knowledge

Text Book : Firefly Plus General Knowledge 7

Quick revision of previous relevant syllabus to be done.

Unit

Chapter 1 to 7 Environment (Book and Scrapbook)

First Term

Chapter 8 to 14	People, Art and Culture	} Book and Scrapbook
Chapter 15 to 19	Sports and Entertainment	

Final Term

Chapter 20 to 24	History and Geography	} Book and Scrapbook
Chapter 25 to 31	Science and Technology	
Chapter 32 to 36	The World Around Us	

Art & Craft

Text Book : It's Time to Learn 'Art' – 7

Unit

ART

Introduction of Colours (Pages 4 to 7)
Geometrical Design (Pages 8 to 11)
Still Life (Pages 14, 15 to 19, 22 & 23)
Abstract Art (Page 20)
Shading Technique (Pages 24 to 28)

CRAFT

Money Plant (Page 29)
Collage (Page 34)

First Term

ART

Draw and Colour Flower & Birds (Pages 30 to 33)
Mosaic (Page 38)
Gond Art (Page 40)
Wet Wash Painting (Pages 41 & 42)
Perspective Drawing (Pages 50 & 51)
Calligraphy

CRAFT

African Mask (Page 36)

Final Term

ART

Madhubani (Page 48)
Mural Painting (Page 52)
Floral Design (Pages 54 & 55)
African Sunset Silhouette (Page 60)
Figure Drawing (Pages 64 to 68)
Optical Art (Pages 70 to 72)
Know the Artist – Jamini Roy, Pablo Picasso (Pages 44 & 62)

CRAFT

Paper Bag (Pages 46 & 47)
Paper Sculpting (Pages 56 to 59)
Paper Quilling (Page 74)

Games

April

Chess
Table Tennis
Volleyball
Carrom

May

March Past
Wushu

July

Badminton
Football
Athletics

August

Football
Athletics
Carrom

September

March past

October

March Past
Football
Cricket
Kho – Kho

November

Athletics
Basketball
Cricket
Kho – Kho

December

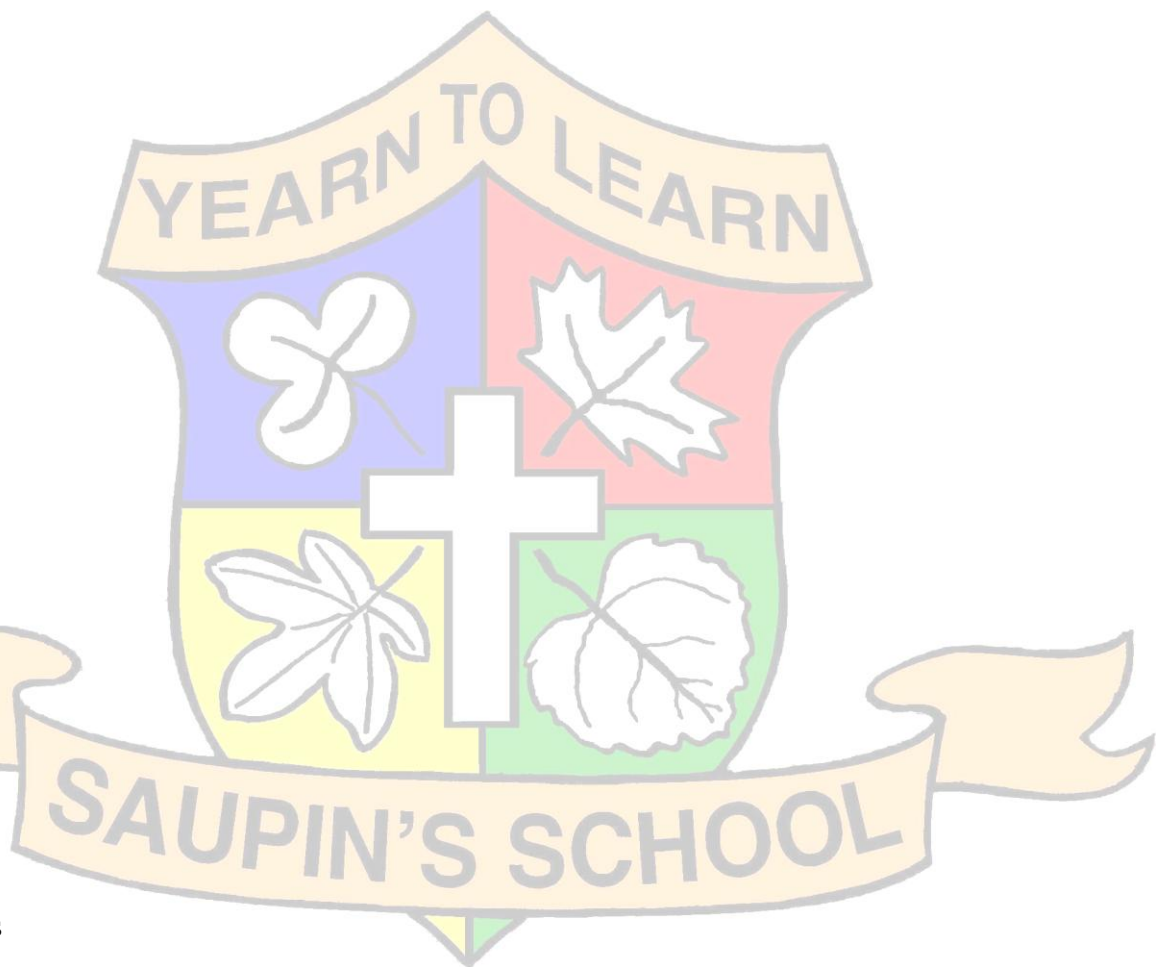
Athletics
Races
Cricket
Kho – Kho

January

Athletics
Jumps / Throws
Volley ball
Skating

February

Chess
Table Tennis
Carrom
Volley Ball



Yoga

Unit

Introduction of Yoga

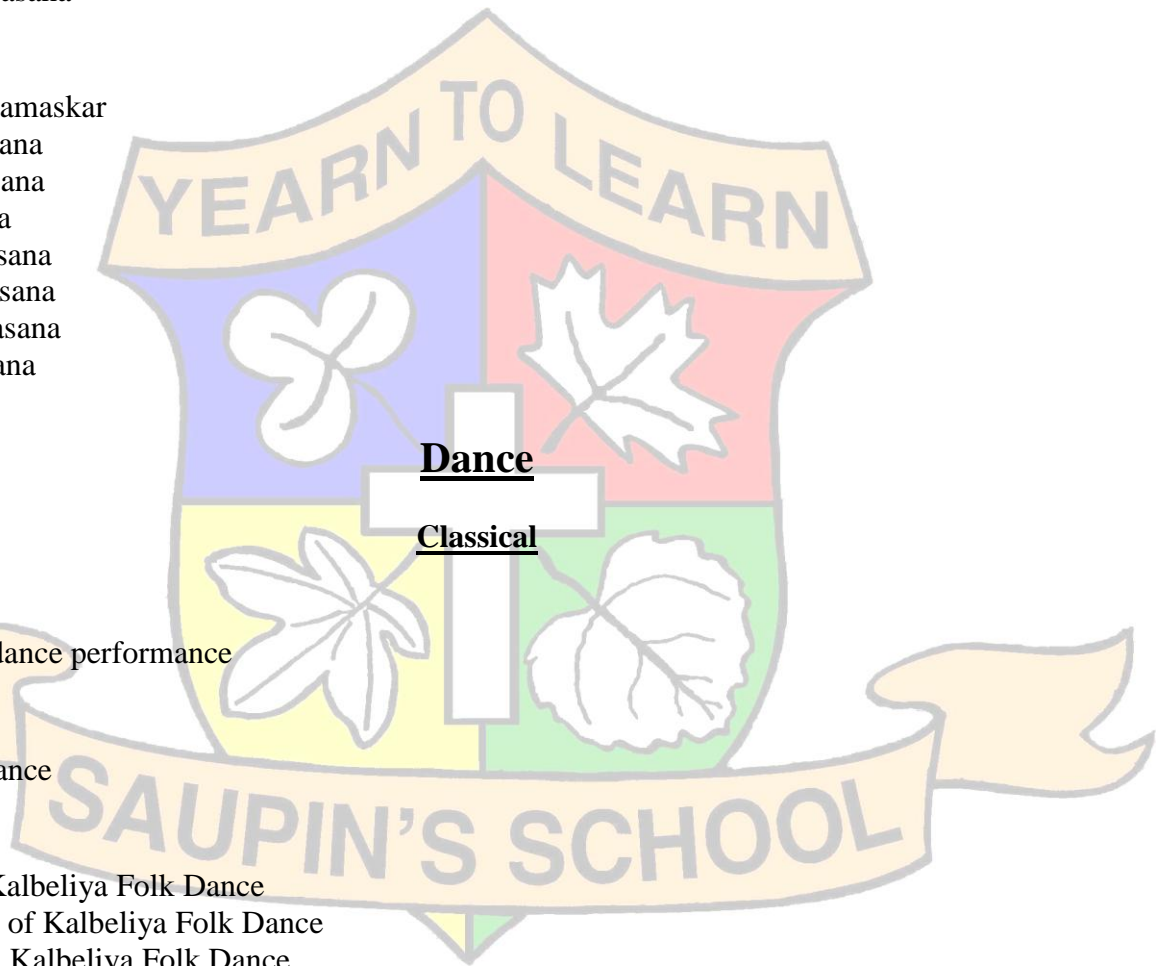
1. Surya Namaskarasana
2. Tadasana
3. Pada Hastasana
4. Chandrasana

First Term

1. Katichakrasana
2. Bhujangasana
3. Shalabhasana
4. Pachimottanasana
5. Ardha Matsyendrasana
6. Uttanpadasana
7. Dhanurasana
8. Survangasana

Final Term

1. Surya Namaskar
2. Chakrasana
3. Matsyasana
4. Halasana
5. Trikonasana
6. Sasangasana
7. Dhanurasana
8. Ushtrasana



Unit

Semi classical dance performance

First Term

Punjabi Folk Dance

Final Term

Basic steps of Kalbeliya Folk Dance
 Advanced steps of Kalbeliya Folk Dance
 Performance on Kalbeliya Folk Dance

Western

Unit

Basic Steps of Lyrical or Hip-Hop

First Term

Advances Steps of Lyrical or Hip-Hop

Final Term

Preparation for complete performance.

Music

Students need to choose one instrument from Keyboard, Harmonium, Guitar, Drum, Congo, Tabla, Xylophone

Unit

Instrumental

Taal Keherwa + dadra, Teen taal on hands / tabla

Vocal

What is music?

Swar

National Anthem

Teri Hai Zameen

Ik Tu Hi Bharosa

Ai Malik Tere Bande Hum

Showers of Blessings

Alankar

First Term

Instrumental

Congo, Drum playing

Vocal

Vande Matram

Patriotic Song

My Life

Do Re Mi Fa

Itni Shakti Hame

Five Hundred Miles

Give me oil in my life

Brown girl

Alankar & Raag Bihaag

Final Term

Instrumental

Taal Roopak on hand / tabla, Congo, Drum playing

Vocal

Patriotic Song

Christmas Carols – Long Time, Red Nose Reindeer

Clementine

Teri Aradhna

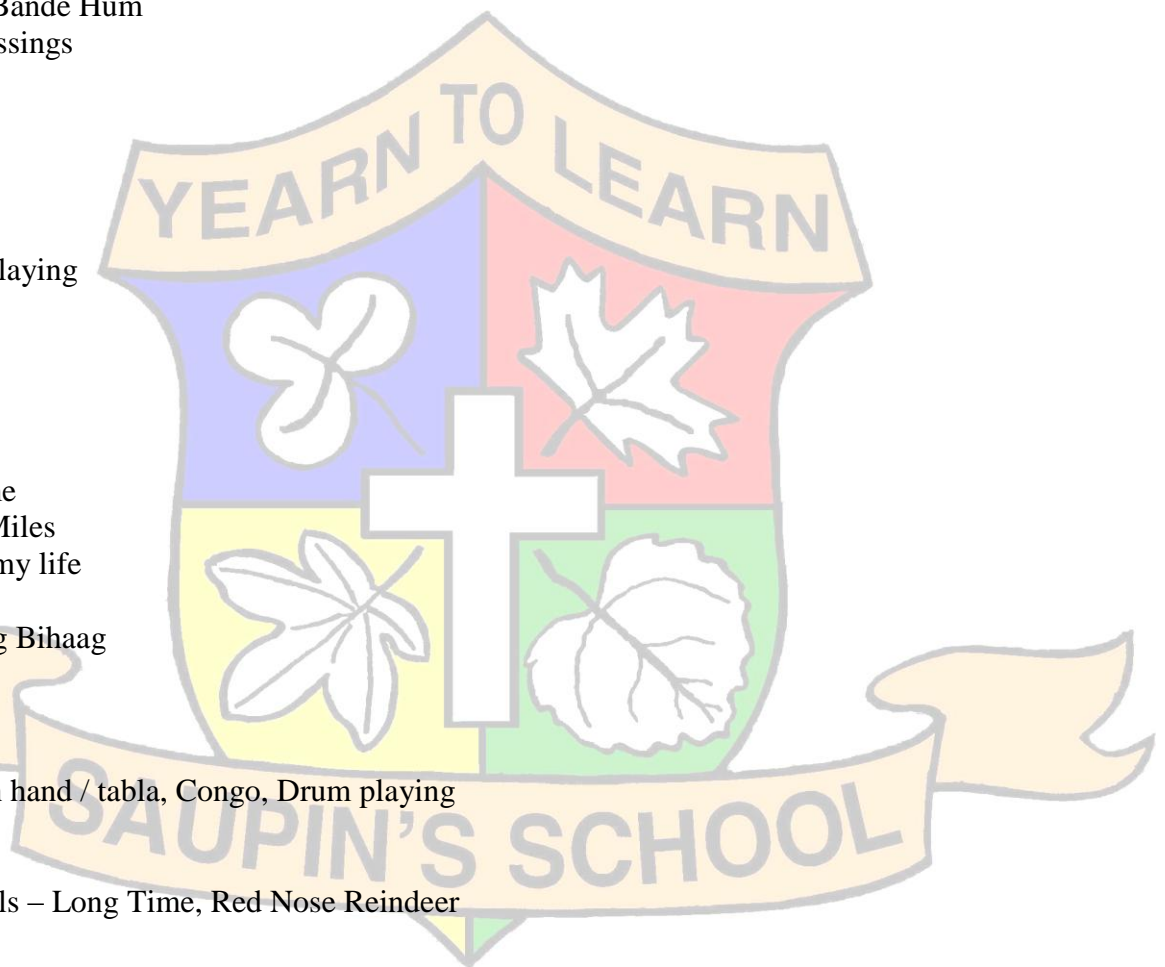
Hey Sharda Ma

Hey Ram

Edelwise

I have a dream

Alankar & Raag Desh



Format of Question Paper

50% of the questions can be set from anywhere within the Chapter.

Literature in English

Unit	50 Marks
Questions / Answers	20
Reference to context	5
Word-meanings	5
Sentences	5
Complete the following sentences	5
Who said and to whom	5
Answer the question in not more than one sentence	5

Term	80 Marks
Questions & Answers	20
Reference to context	15
Word-meanings	10
Sentences	10
Complete the following sentences	5
Who said and to whom	5
Answer the question in not more than one sentence	10
Unscramble/One Word/Match the following/Antonyms/Reason (within the chapter)	5

English Language

Unit	50 Marks
Essay / Story / Picture Composition (250 – 300 words)	15
Letter	10
Comprehension	15
Grammar	10
❖ Grammar shall include work done in class in notebook, workbook, Worksheet and book.	
❖ Same sentences will not be repeated in the test.	

Term	80 Marks
Essay (250 – 300 words)	15
Story / Picture Composition (250 – 300 words)	10
Letter	10
Comprehension	25
Grammar	20
❖ Grammar shall include work done in class in notebook, workbook, Worksheet and book.	
❖ Same sentences will not be repeated in exams.	

हिन्दी

प्रथम मासिक परीक्षा

साहित्य	भाग - अ	अंक - 25
1.	प्रश्न/उत्तर ।	(8)
2.	शब्द/अर्थ ।	(3)
3.	वाक्य बनाओ ।	(4)

- | | | |
|----|------------------|--------------------------------|
| 4. | ਰਿਕਤ ਸਥਾਨ ਭਰੋ। | ($\frac{1}{2} \times 4 = 2$) |
| 5. | ਸਹੀ/ਗਲਤ। | ($\frac{1}{2} \times 2 = 1$) |
| 6. | ਕਿਸਨੇ/ਕਿਸਸੇ ਕਹਾ? | (2) |
| 7. | ਵਿਆਖਿਆ | (5) |

ਵਿਆਕਰਣ	भाग - ब	अंक - 25
1.	निबंध/चित्र पठन	(8)
2.	पत्र	(5)
3.	अपठित गद्यांश	(5)
4.	विभिन्न व्याकरणिक कोटियाँ	(7)

अर्धवार्षिक व वार्षिक परीक्षा

साहित्य	भाग - अ	अंक - 40
1.	प्रश्न/उत्तर।	(12)
2.	शब्द/अर्थ।	(4)
3.	वाक्य बनाओ।	(5)
4.	रिक्त स्थान भरो।	($\frac{1}{2} \times 10 = 5$)
5.	सही/गलत।	($\frac{1}{2} \times 6 = 3$)
6.	किसने/किससे कहा?	(2)
7.	गद्य व्याख्या	(3)
8.	पद्य व्याख्या	(6)

व्याकरण	भाग - ब	अंक - 40
1.	निबंध/चित्र पठन	(15)
2.	पत्र	(7)
3.	अपठित गद्यांश	(10)
4.	विभिन्न व्याकरणिक कोटियाँ	(8)

निर्देश - परीक्षा में वाक्य बनाओ परिवर्तित करके दिए जाएंगे।

ਪੰਜਾਬੀ

ਪਹਿਲੀ ਮਾਸਿਕ ਪ੍ਰੀਖਿਆ (ਕੁੱਲ ਅੰਕ : 50)

ਸਾਹਿਤ (25 ਅੰਕ)

ਪ੍ਰਸ਼ਨ ਉੱਤਰ	(6)
ਹੋਰ ਸਾਹਿਤ ਹਿੱਸਾ	(19)

ਵਿਆਕਰਨ (25 ਅੰਕ)

ਅਣਡਿੱਠਾ ਪੈਰਾ	(4)
ਪਰਿਭਾਸ਼ਾ/ਭੇਦ	(4)
ਹੋਰ ਵਿਆਕਰਨ ਹਿੱਸਾ, ਕਿਤਾਬ ਅਤੇ ਵਰਕਸ਼ੀਟਾਂ ਵਿੱਚ ਕੀਤਾ ਕੰਮ	(17)

ਛਿਮਾਰੀ ਅਤੇ ਸਲਾਨਾ ਪ੍ਰੀਖਿਆ

ਕੁੱਲ ਅੰਕ	80 ਅੰਕ
ਸਾਹਿਤ	35 ਅੰਕ

ਵਿਆਕਰਨ 35 ਅੰਕ
ਬੋਲਿਖਤ 10 ਅੰਕ

ਸਾਹਿਤ (35 ਅੰਕ)

ਪ੍ਰਸ਼ਨ ਉੱਤਰ (15)
ਹੋਰ ਸਾਹਿਤ ਹਿੱਸਾ (20)

ਵਿਆਕਰਨ (35 ਅੰਕ)

ਲੇਖ (6)
ਪੱਤਰ (5)
ਪਰਿਭਾਸ਼ਾ/ਭੇਦ (4)
ਅਣਡਿੱਠਾ ਪੈਰਾ (4)
ਹੋਰ ਵਿਆਕਰਨ ਹਿੱਸਾ, ਕਿਤਾਬ ਅਤੇ ਵਰਕਸ਼ੀਟਾਂ ਵਿੱਚ ਕੀਤਾ ਕੰਮ (16)

ਸੰਸਕ੍ਰਿਤ
ਪ੍ਰਥਮ ਸਾਲਿਕ ਪਰੀਖਾ

ਸਾਹਿਤ (ਅੰਕ - 25)

ਸ਼ਬਦਾਰਥ (5)
ਸੰਸਕ੍ਰਿਤ ਸੇ ਹਿੰਦੀ ਮੇਂ ਅਨੁਵਾਦ ਕਰੇਂ (5)
ਹਿੰਦੀ ਸੇ ਸੰਸਕ੍ਰਿਤ ਮੇਂ ਅਨੁਵਾਦ ਕਰੇਂ (5)
ਧਾਤੁ ਕਾ ਸੁਦ੍ਧ ਰੁਪ ਲਿਖਿਏ (5)
ਵਾਕਯੋਂ ਕੀ ਕ੍ਰਿਯਾਓਂ ਕਾ ਸੁਦ੍ਧ ਰੁਪ ਲਿਖਿਏ (5)

ਵਿਆਕਰਨ (ਅੰਕ - 25)

ਵਿਭਕਿਤ (12)
ਧਾਤੁ ਰੁਪ (9)
ਵਿਭਿੰਨ ਵਿਆਕਰਨਿ ਕੋਟਿਯੋਂ (4)

ਅਰ੍ਧਵਾਰਿਕ ਂਵ ਵਾਰਿਕ ਪਰੀਖਾ

ਸਾਹਿਤ (ਅੰਕ - 40)

ਸ਼ਬਦਾਰਥ (7)
ਰਿਕਤ ਸਥਾਨ ਕੀ ਪੂਰਿ ਕੀਜਿਏ (5)
ਸੰਸਕ੍ਰਿਤ ਸੇ ਹਿੰਦੀ ਮੇਂ ਅਨੁਵਾਦ ਕਰੇਂ (7)
ਹਿੰਦੀ ਸੇ ਸੰਸਕ੍ਰਿਤ ਮੇਂ ਅਨੁਵਾਦ ਕਰੇਂ (7)
ਵਾਕਯ ਮੇਂ ਉਚਿਤ ਕ੍ਰਿਯਾ ਲਗਾਏਂ (7)
ਵਾਕਯ ਮੇਂ ਉਚਿਤ ਕਰ੍ਤਾ ਲਗਾਏਂ (7)

ਵਿਆਕਰਨ (ਅੰਕ - 40)

ਵਿਭਕਿਤ (24)
ਧਾਤੁ ਰੁਪ (9)
ਵਿਭਿੰਨ ਵਿਆਕਰਨਿਕ ਕੋਟਿਯੋਂ (7)

French

Unit	50 Marks
5 questions 10 mark each. Questions will be further subdivided.	
Term	80 Marks
Section 'A'	(30 Marks)
Comprehension	10
Paragraph	10
Verbs	10
Section 'B'	(50 Marks)
3 questions of 10 marks each	30
4 questions of 5 marks each	20

Mathematics

Unit	50 Marks
The question paper will be divided into two Sections A & B.	
Section 'A' (20 Marks)	
➤ 2 questions of 10 marks each.	
➤ 10 marks will be further subdivided.	
➤ Attempt both the questions	
Section 'B' (30 Marks)	
➤ Attempt any 3 questions from Section B (out of 4).	
➤ Each question carries 10 Marks.	
➤ 10 Marks will be further subdivided.	

Term	80 Marks
The Question paper will be divided into two parts	
Section 'A' (40 Marks) (Compulsory)	
<i>This section will have 4 questions with parts</i>	
➤ Each question carries 10 marks.	
Section 'B' (40 Marks)	
<i>This section will have 7 questions with parts.</i>	
➤ Each question carries 10 marks	
➤ Attempt any 4 questions	
➤ 10 marks will be further sub-divided in Section A & B (Digits can be changed)	

History and Civics

Unit	50 Marks
Long answers	20
Short answers	10
True or False/ correct the false statement	5
Fill in the blanks with suitable word/words	5
Map/Identify the pictures and answer the following question	5
Define	5
Term	80 Marks
Answer the questions in details	25

Answer the following questions briefly	15
Rewrite the false sentence by changing the wrong word.	10
Fill in the blanks	10
Define	10
Identify the picture and answer the following question.	10

Geography

Unit	50 Marks
Long answers (2 out of 4 questions)	20
Short answers (No Choice)	10
True or False/correct the false statement/	
Definition/Fill in the blanks	15
Map/Graph (No Choice)	5

Term	80 Marks
Answer the questions in details (3 out of 6 questions)	30
Answer the following questions briefly (No Choice)	20
Fill in the blanks	10
Define (2 out of 4)	10
Map work/Graph work (No Choice)	10

Physics

Unit	50 Marks
Section 'A' (Compulsory)	(20 Marks)
Objective or short question / answer	
Section 'B'	(30 Marks)
This section will have 4 questions. Out of 4 questions, attempt any 3 questions.	(3×10=30)

Term	80 Marks
Section 'A'	(40 Marks)
This section is compulsory having 4 questions. Each question carries 5 sub questions.	
Section 'B' (Descriptive)	(40 Marks)
This section will have 6 questions (10 mark each). Out of 6 questions, attempt any four.	

Chemistry

Unit	50 Marks
Section 'A' (Compulsory)	(20 Marks)
Objective question / answer	(5×4=20)
Section 'B'	(30 Marks)
Descriptive (Any 3 out of 4 questions)	(3×10=30)

Term	80 Marks
Section 'A' (Compulsory)	(40 Marks)
Objective question / answer	
Section 'B' (Descriptive)	(40 Marks)

Attempt any 4 out of 6 questions. (4×10=40)
Each question will be sub-divided further.

Biology

Unit	50 Marks
Section 'A' (Compulsory)	(20 Marks)
Objective question / answer	(5×4=20)
Section 'B'	(30 Marks)
Descriptive (Any 3 out of 4 questions)	(3×10=30)
Term	80 Marks
Section 'A' (Compulsory)	(40 Marks)
Objective question / answer	
Section 'B' (Descriptive)	(40 Marks)
Attempt any 4 out of 6 questions.	(4×10=40)
Each question will be sub-divided further.	

Computer

Unit	50 Marks
Theory	
Section 'A'	(20 Marks)
Objective questions (Fill in the blanks, Give one word, Define, Full Form)	
Section 'B'	(20 Marks)
Question / Answers & Draw / Identify	
Practical	(10 Marks)
Term	80 Marks
Theory	
Section 'A'	(30 Marks)
Objective questions	
Section 'B'	(30 Marks)
Question / Answers & Draw / Identify	
Practical	(20 Marks)

General Knowledge

Unit	50 Marks
Objective Questions	45
Current Affairs	5
Term	80 Marks
Objective Questions	70
Current Affairs	10